

Up & Under

Pub and Grill

Appetizers

Kiwis or Spicy Kiwis Breaded Chicken Wings with your choice of Blue Cheese, Ranch or Sweet Chili Sauce with Blue Cheese or Ranch \$9.25

Tator Tot Nachos Chopped Smoked Sirloin with a Cheddar Cheese Béchamel Sauce, Cherry Peppers, Bell Peppers, Tomato and Green Onion \$13

Offside Raw Tuna Poke with Avocado, Green Onions, Cilantro & Jalapenos In a Soy Ginger Sauce with Crispy Wontons \$11.50

Drop Kicks Beer Battered Onion Rings with BBQ Sauce & Ranch \$8.25

Knock Ons Choice of Grilled or Beer Battered Tiger Prawns with Lemon Aioli & Cocktail Sauce \$9.50

Fried Pickles Panko Battered Pickle Chips with Ranch Dressing \$8.50

MVP's Filet Sliders with Caramelized Onions, Blue Cheese & Lemon Aioli
2 Sliders \$10, 3 Sliders \$14, 4 Sliders \$19

Slider Menu All sliders come with a 2oz All Beef Patty, except Buffalo Western-Cheddar, Bacon and BBQ Sauce \$3

Buffalo- Fried Chicken Tender, Coleslaw, Blue Cheese and *Franks Hot Sauce* \$3

Double Decker- Double Pattie, Bacon, Cheddar, Grilled Onions & 1000 Island Sauce \$4

Surf & Turf- Blacken Prawn, 1000 slaw, Pepper Jack Cheese and Lemon Aioli \$5

Soup & Salad Add Chicken \$3 Steak or Shrimp \$5 Seared Tuna \$7

Soup of the Day or Bacon Clam Chowder, Cup \$4 Bowl \$6

World Cup- Romaine Lettuce, Shaved Parmesan, Croutons & Caesar Dressing
Small \$6, Large \$9

Home Turf- Mixed Greens with Feta Cheese, Dried Cranberries & Candied Almonds with Mustard Balsamic Dressing Small \$6, Large \$9

The Six Nations- Cobb Salad- Romaine Lettuce with Tomato's, Red Onions, Chopped Bacon, Blue Cheese Crumbles, Boiled Egg and Grilled Chicken Breast. Choice of Blue Cheese or Ranch Dressing. \$14

Burgers All Burgers come with your choice of Fries or Coleslaw,
Sub a Home Turf Salad, Onion Rings \$3, Cup of Soup \$3 Lettuce, Onion, Tomato Upon Request
Add : Fried Egg \$2, Mushrooms \$1, Avocado \$2 Blackened \$.50, Grilled Onions \$1, Bacon \$3,

The Outside Center A Classic 1/2 lb. Burger with Your Choice of Jack, Pepper Jack, Provolone, Blue Cheese, Swiss or Cheddar Cheese on a Ciabatta Bun with Lemon Aioli \$13

The Substitute 3/4 lb. Burger Stuffed with Bacon & Cheddar Cheese with Lemon Aioli on a Ciabatta Bun \$15

Western Burger 1/2 lb. Burger with Bacon & Cheddar Cheese Topped with Onion Rings & BBQ Sauce on a Ciabatta Bun \$14.25

Veggie Burger A Black Bean, Brown Rice Patty with Vegetables, Spices Pepper Jack Cheese, Mixed Greens & Chipotle Aioli on a Ciabatta Bun \$13.25

Sandwiches

All Sandwiches Served with Fries or Coleslaw, Sub a Home Turf Salad for \$3 Cup of Soup \$3
Add: Onion Rings \$3 Blackened \$.50, Grilled Onions \$1, Bacon \$3, Avocado \$2

The Hooker Grilled Cheese with Provolone, Jack, Cheddar & Parmesan,
Served on Sliced Sourdough \$9

The Dirty Hooker Grilled Cheese with Provolone, Jack, Cheddar & Parmesan,
Bacon, Caramelized Onions & Tomato on Sliced Sourdough \$12

The Full Back Grilled Chicken Breast with Bacon, Roasted Tomato, Roasted
Bell Pepper & Jack Cheese with Chipotle Aioli on a Ciabatta \$12.50

The Winger

Grilled Portobello Mushroom with Roasted Bell peppers, Grilled Red Onion,
Roasted Tomatoes, Provolone cheese, Mix greens and Pesto Aioli on a
Ciabatta Roll \$15

Smoked Turkey Breast Club

Smoked Turkey Breast with Lettuce, Tomato, Avocado, Bacon, Jack and
Cheddar Cheese. Served on Focaccia with Lemon Aioli and Dijon Mustard \$15

The 8 Man

Choice of Ball Tip or Diced Chicken with Mushroom, Onion, Bell Pepper,
Cherry Peppers and choice of Cheese \$14

Tri-Tip Sandwich

Seared Sliced Garlic Tri-Tip with Pesto Aioli, Red Onion, Roasted Tomatoes and
Arugula on Sliced Sour Dough \$15

Large Plates

Please No Substitutions

The B-Rad Choice of Chicken or Prawns in a Bacon, Onions, White Wine,
Cilantro, Garlic Cream Sauce over a Bed of Penne Pasta with Garlic Bread \$17.25

The Scrum Half (Fish & Chips) Beer Battered Fresh Halibut with Tartar Sauce,
Fries & Coleslaw \$20

Curry Cup (not spicy)

Chicken Breast with Carrots and Onions in a Coconut Curry Sauce. Served Over
Thai Basil White Rice \$17

New York

12oz Smoked New York Strip. Served with a Herb Butter Compound, Bacon Wrapped
Asparagus and Roasted herb Red Potatoes. \$27

Sides

Mac & Cheese

Macaroni in a House Cheddar
Cheese with Jack & Parmesan,
Topped with Panko \$8

Pub Fries \$5

Bread & Butter \$2

Grilled Vegetables

Carrots, Zucchini, Yellow Squash & Asparagus \$8

Hours

Pub Menu

Mon- Thursday 11am-3pm & 5pm-10pm

Happy Hour Menu 3pm-5pm

Friday and Saturday Kitchen Open till 11pm

Saturday Brunch

10am -2pm

Regular Menu 11am-11pm

Sunday Brunch

10am-2pm

Regular Menu 11am-9pm